



Your details - (this is for the event information only; we will send you details about the event & future events via email)

Your name: _____

For Buddy Up Category 10-13yrs Name: _____

Suburb: _____ City: _____ Postcode: _____

Cell Phone or best contact number: _____ Your date of Birth: _____

Buddy Up Category 10-13yrs Date of Birth: _____

Email: _____ Occupation: _____

Just because we like to know 😊

Is this your very first triathlon or duathlon? (Please tick): Yes No

What event are you entering?

Short Course:

or

Long Course:

Swim 100mtrs–Bike 10km–Run or Walk 3km

Swim 200mtrs–Bike 20km–Run or Walk 5km

Triathlon Run			Triathlon Run	
Triathlon Walk			Triathlon Walk	
Triathlon New Mum's			Triathlon New Mum's	
Triathlon Buddy Up				
Duathlon Run			Duathlon Run	
Duathlon Walk			Duathlon Walk	
Duathlon New Mum's			Duathlon New Mum's	
Duathlon Buddy Up				

Entry Fees

From now to 3rd February 2020 - \$50

From 4th Feb to 9th Feb - \$70

Details we need you to read and sign at the bottom of this page:

- Waiver:**
1. I agree to abide by all event rules (as listed below), and directions issued by the event organisers.
 2. I acknowledge that triathlon and duathlon involves the real risk of serious injury or even death from various causes including overexertion, equipment failure, dehydration, accidents with other competitors, spectators or road users, course or weather conditions and other causes.
 3. I accept all risks necessarily flowing from my participation, which could result in loss of life or permanent injury. Accordingly, I release all persons or corporations associated directly or indirectly with the conduct of the event from all claims demands and proceedings arising out of my participation and I hereby indemnify them against all liability (including liability for their negligence and the negligence of others) for injury or damage arising out of or connected with my participation in this event. This release shall extend to and include the Connecting Women & Sport Trust, Events with Purpose and their respective sponsors and volunteers including medical personnel appointed for the event, the owners, licensees, and occupiers of land upon which the event or any part of it is conducted, any statutory body or local authority having control over any land upon which the event or any part of it is conducted or which is involved directly or indirectly with the event in any manner whatsoever and promoters, sponsors and event organisers. This release and indemnity continues forever and binds my heirs, executors, personal representative and assigns.



4. I consent to receiving medical treatment that the event organisers think desirable during or after the event.
5. Safety precautions undertaken by the organisers (such as course supervision, event safety briefing, cycle and helmet safety checks) are a service to me and other competitors but are not a guarantee of safety.
6. I am fully responsible for the security of my personal possessions at the event.
7. I acknowledge that by reason of circumstances beyond the control of the event directors, it may become necessary or desirable to change the format of the event, and if that occurs, I consent to the changes and I agree that each and every one of the conditions herein set out shall apply to that changed event.
8. If the event is cancelled due to flood, cyclones, torrential rains or other "acts of God" conditions I understand that entry fee will not be refunded.
9. I consent to the event organisers using my name, image and likeness before during or after the event for event promotional broadcasting or reporting purposes to the media.
10. I agree to my name and contact details being included on the event database, from which I will receive from time to time event information, newsletters and sponsors information. Your name and contact details will not be passed onto any other person.

Medical or physical conditions from which I suffer that may affect my performance or be relevant if medical treatment is needed:

Event Rules:

1. All participants, even if you have pre-entered, must register on either the Friday or Saturday before the event & attend the event briefing on the day.
2. Participants must remember that the event is held on public roads. Caution & common sense must be used at all times on the roads & the park.
3. All road rules must be obeyed at all times. **We do not have road closure for any part of the event.** Do not presume that you have any special privileges or right of way because you are participating in the event.
4. Crossing of the white centre line of the road at any stage during the cycle will result in automatic disqualification.
5. Marshals will be located on every turning corner & are there to assist your safety around the course; however, they are not able to stop traffic. You must obey their instructions and normal road rules at all times. Please note it is your responsibility to know the course and if you are completing more than 1 lap. It is not the marshals job to know where you are in the event.
6. Cycle helmets approved to Snell, ANSI or NZ safety standards must be worn. Your helmet must be securely fastened before you remove your bike from the bike stand & until it is returned to the bike stand at the end of the cycle leg.
8. Medical personnel and the event organiser have the right to remove any participant from the event for medical reasons should they consider it necessary.
9. **Refunds will be given (less an administration fee) for special circumstances until 31st December 2019. After that refunds will not be given on withdrawal from, or non-starting of an event. You may however transfer your entry to another person at any time leading up to the event. Entry may be transferred to another person.**
10. Any decision made by the event organiser is final.

Entries can be posted to:
PhysioMed Women's Triathlon
PO Box 38164
Christchurch 8842

Or delivered to:
Shoe Clinic Westfield Riccarton, Christchurch

Entry fee enclosed: \$ _____ (Please make cheques payable to "Connecting Women and Sport Trust")

I have read, understood and accept the waiver and rules above:

Signed: _____

Date: _____

Thank you for your entry, plan your training and go do it! Be proud of yourself and see you on the start line! – Barb Millar
Check the website for training groups, seminars and information: www.womenstri.co.nz