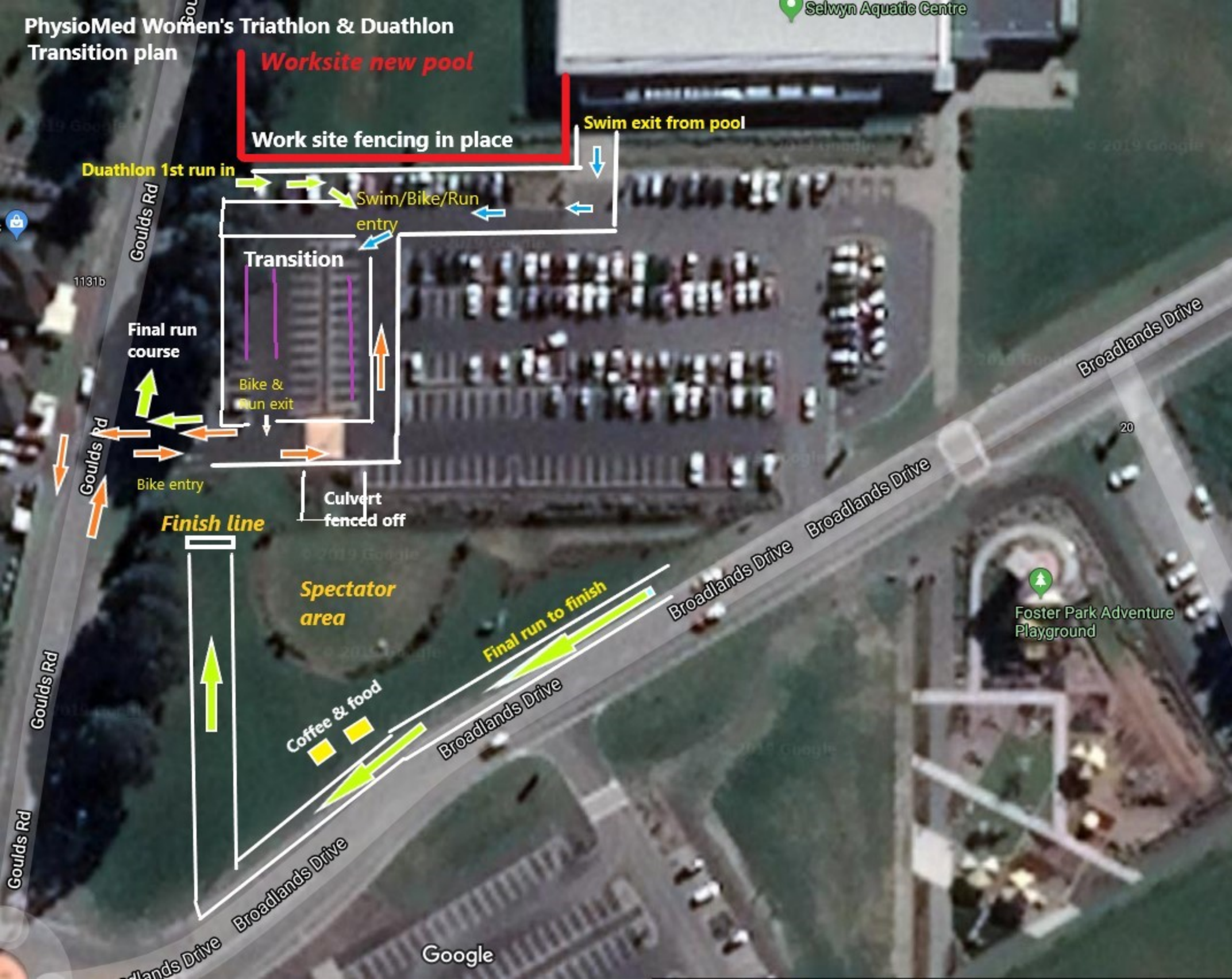


PhysioMed Women's Triathlon & Duathlon Transition plan

Selwyn Aquatic Centre



Worksite new pool

Work site fencing in place

Swim exit from pool

Duathlon 1st run in

**Swim/Bike/Run
entry**

Transition

**Final run
course**

**Bike &
Run exit**

Bike entry

**Culvert
fenced off**

Finish line

**Spectator
area**

Coffee & food

Final run to finish

Foster Park Adventure
Playground