PhysioMed

womens triathlon & duathlon

PhysioMed Women's Triathlon & Duathlon

12th February 2017
Selwyn Aquatic Centre
Rolleston

Individual & Teams | Run or Walk | New Mum's event | Spot Prizes

"It always seems impossible, until it is done!"

Short Course

Triathlon

100m Swim - 10k Bike - 3k Run or Walk

Duathlon

1k Run or Walk - 10k Bike - 3k Run or Walk

Long Course

Triathlon

200m Swim - 20k Bike - 5k Run or Walk

Duathlon

1k Run or Walk - 20k Bike - 5k Run or Walk

For more information and entry

Website: www.womenstri.co.nz

Facebook: PhysioMed Women's Triathlon & Duathlon

Phone: Barbara Millar on 027 271 9721

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